

# Guidelines of publication Archives of Sports Medicine

---

The ARCHIVES OF SPORTS MEDICINE Journal (Arch Med Deporte) with ISSN 0212-8799 is the official publication of the Spanish Federation of Sports Medicine. This journal publishes original works about all the features related to Medicine and Sports Sciences from 1984. This title has been working uninterruptedly with a frequency of three months until 1995 and two months after this date. Arch Med Deporte works fundamentally with the system of external review carried out by two experts (peer review). It includes regularly articles about clinical or basic research, reviews, articles or publishing commentaries, brief communications and letters to the publisher. The articles may be published in both SPANISH and ENGLISH. The submission of papers in English writing will be particularly valued.

Occasionally oral communications accepted for presentation in the Federation's Congresses will be published.

The Editorial papers will only be published after an Editor requirement.

The manuscripts accepted for publication will become FEMEDE property and their reproduction, total or partial, must be properly authorized. All the authors will have to send a written letter conceding these rights as soon as the article is accepted for publication.

## Submit of manuscripts

1. The papers must be submitted at the Editor in Chief's attention, written in double space in a DIN A4 sheet and numbered in the top right corner. It is recommended to use Word format, Times New Roman and font size 12. They must be sent by e-mail to FEMEDE's e-mail address: femede@femede.es.
2. On the first page exclusively it should include: title (Spanish and English), authors' first name, initial of the second name (if applicable), surname and optionally the second one; Main official and academic qualifications, workplace, full address and corresponding author e-mail. Supports received in order to accomplish the study – such as grants, equipments, medicaments, etc- have to be included. A letter in which the first author on behalf of all signatories of the study, the assignment of the rights for total or partial reproduction of the article, once accepted for publication shall be attached. Furthermore, the main author will propose up to four reviewers to the editor. According to the reviewers, at least one must be from a different nationality than the main author. Reviewers from the same institutions as the authors, will not be accepted.

3. On the second page the abstract of the work will appear both in Spanish and English, and will have an extension of 250-300 words. It will include the intention of the work (aims of the research), methodology, the most out-standing results and the main conclusions. It must be written in such a way to allow the understanding of the essence of the article without reading it completely or partially. After the abstract, from three to ten key words will be specified in Spanish and English, derived from the Medical Subject Headings (MeSH) of the National Library of Medicine (available in: <http://www.nlm.nih.gov/mesh/MBrowser.html>).
4. The extension of the text will change according to the section applicable:
  - a. Original research: maximum 5.000 words, 6 figures and 6 tables.
  - b. Review articles: maximum 5.000 words, 5 figures and 4 tables. In case of needing a wider extension it is recommended to contact the journal Editor.
  - c. Editorials: they will be written by Editorial Board request.
  - d. Letters to the Editor: maximum 1.000 words.
5. Structure of the text: it will change according to the section applicable:
  - a. **ORIGINALS RESEARCH:** It will contain an introduction, which must be brief and will contain the aim of the work, written in such a way that the reader can understand the following text.  
**Material and method:** the material used in the work will be exposed, as well as its characteristics, selection criteria and used techniques, facilitating the necessary data in order to allow the reader to repeat the experience shown. The statistical methods will be detailed described.  
**Results:** Results must report and not describe the observations made with the material and method used. This information can be published in detail in the text or using tables and figures. Information given in the tables or figures must not be repeated in the text.  
**Discussion:** The authors will expose their opinions about the results, their possible interpretation, relating the observations to the results obtained by other authors in similar publications, suggestions for future works on the topic, etc. Connect the conclusions with the aims of the study, avoiding free affirmations and conclusions not supported by the information of the work.  
The acknowledgments will appear at the end of the text.

- b. **REVIEWS ARTICLES:** The text will be divided in as much paragraphs as the author considers necessary for a perfect comprehension of the topic treated.
- c. **LETTERS TO THE EDITOR:** Discussion about published papers in the last two issues, with the contribution of opinions and experiences briefed in 3 pages, will have preference in this Section.
- d. **OTHERS:** Specific sections commissioned by the Journal's Editorial Board.
6. **Bibliography:** it will be presented on pages apart and will be ordered following their appearance in the text, with a correlative numeration. In the text the quote's number will be presented between parentheses, followed or not by the authors' name; if they are mentioned, in case the work was made by two authors both of them will figure, and if there are more than two authors only the first will figure, followed by "et al".

There will not be personal communication, manuscripts or any unpublished information included in the bibliographical appointments.

The official citation for the journal Archives of Sports Medicine is Arch Med Sport.

References will be exposed in the following way:

- **Journal: order number;** surnames and name's initial of the article authors with no punctuation and separated with a comma (if the number of authors is higher than six, only the six first will figure, followed by "et al"); work's title in its original language; abbreviated journal name, according to the World Medical Periodical; year of publication; volume number; first and last page of the quoted extract. Example: Calbet JA, Radegran G, Boushel R and Saltin B. On the mechanisms that limit oxygen uptake during exercise in acute and chronic hypoxia: role of muscle mass. *J Physiol.* 2009;587:477-90.
  - **Book chapter:** Authors, chapter title, editors, book title, city, publishing house, year and number of pages. Example: Iselin E. Maladie de Kienbock et Syndrome du canal carpien. En : Simon L, Alieu Y. Poignet et Medecine de Reeducation. Londres : Collection de Pathologie Locomotrice Masson; 1981. p162-6.
  - **Book.** Authors, title, city, publishing house, year of publication, page of the quote. Example: Balius R. Ecografía muscular de la extremidad inferior. Sistemática de exploración y lesiones en el deporte. Barcelona. Editorial Masson; 2005. p 34.
  - **World Wide Web,** online journal. Example: Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis* (revista electrónica) 1995 JanMar (consultado 0501/2004). Available in: <http://www.cdc.gov/ncidod/EID/eid.htm>
7. **Tables and figures.** Tables and figures will be sent on separate files in JPEG format. Tables must be sent in word format.

Tables shall be numbered according to the order of appearance in the text, with the title on the top and the abbreviations described on the bottom. All nonstandard abbreviations which may be used in the tables shall be explained in footnotes.

Any kind of graphics, pictures and photographs will be denominated figures. They must be numbered correlatively by order of appearance in the text and will be sent in black and white (except in those works in which colour is justified). Color printing is an economic cost that has to be consulted with the editor.

All tables as well as figures will be numbered with Arabic numbers following the order of appearance in the text.

At the end of the text document the tables and figures captions will be included on individual pages.

8. The Journal's Editorial Staff will communicate the reception of submitted articles and will inform about its acceptance and possible date of publication.
9. After hearing the reviewers' suggestions (journal uses peer correction system), may reject the works which are not suitable, or indicate the author the modifications which are thought to be necessary for its acceptance.
10. The Editorial Board is not responsible for the concepts, opinions or affirmations supported by the authors.
11. Submissions of the papers: Archives of Sports Medicine. By e-mail to FEMEDE'S e-mail address: [femede@femede.es](mailto:femede@femede.es). The submission will come with a cover letter on which the work's examination for its publication in the Journal will be requested, article type will be specified, and it will be certified by all authors that the work is original and has not been partially or totally published before.

## Conflicts of interests

If there should be any relation between the work's authors and any public or private entity, from which a conflict of interests could appear, it must be communicated to the Editor. Authors must fulfil a specific document.

## Ethics

All authors that sign the articles accept the responsibility defined by the World Association of Medical Editors.

The papers sent to the journal for evaluation must have been elaborated respecting the international recommendations about clinical and laboratory animals' researches, ratified in Helsinki and updated in 2008 by the American Physiology.

For the performance of controlled clinic essays the CONSORT normative shall be followed, available at <http://www.consort-statement.org/>