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Pilot experimental study on the use of a food supplement in athletes after surgery for the protection of knee joint cartilage. A functional and biochemical study

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Evaluation methods and objectives for neuromuscular and hemodynamic responses subsequent to different rest intervals in resistance training: a systematic review

Does isolated and combined acute supplementation of caffeine and carbohydrate feeding strategies modify 10-km running performance and pacing strategy? A randomized, crossover, double-blind, and placebo-controlled study

Postactivation potentiation improves jumps performance in children ages 6 to 8 years old

## **REVIEWS**

Therapeutic effects of hippotherapy in elderly people: scoping review

Cancer-related fatigue: trigger factors and physical exercise role



