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ORIGINALS

Biochemical changes in Popular Runners after a marathon (Stress Test)

Anthropometric profile, physical fitness and differences between performance level of Parkour practitioners

Age-related differences in physical and physiological characteristics in male handball players

Effectiveness of an individualized, unsupervised 4 month exercise program, on exercise tolerance, perception of fatigue and anthropometric variables in sedentary patients with cardiovascular risk factors

REVIEWS

Strength training in older athletes

Effect of variable resistance on post-activation potentiation: a systematic review

