

Archivos

de medicina del deporte

Órgano de expresión de la Sociedad Española de Medicina del Deporte



ORIGINALS

Effects of three water-based resistance trainings on maximal strength, rapid strength and muscular endurance of sedentary and trained older women

Volume load and efficiency with different strength training methods

Psychosocial, physical and anthropometric variables in Chilean schoolchildren. A comparative study according to physical activity levels

Interchangeability of two tracking systems to register physical demands in football: multiple camera video versus GPS technology

Effects of a proprioceptive physical exercise program on balance in young skaters aged between 11 to 15 years

REVIEWS

Proprioceptive training methods as a tool for the prevention of injuries in football players: a systematic review

Acute effects of heat on health variables during continuous exercise and their comparison with normal and cold conditions: A systematic review

