ISSN: 0212-8799







de medicina del deporte Órgano de expresión de la Sociedad Española de Medicina del Deporte

ORIGINAL ARTICLES

(0)5

Roles of National Swimming Federations in Health Promotion: An International Comparison- Developed *vs* Developing Countries

Control of the velocity loss through the scale of perceived effort in bench press

Physiological evaluation post-match as implications to prevent injury in elite soccer players

Hormonal and hematological effects in a lowaltitude winter march in chilean military

Evaluation of physical fitness in spanish people over 80 years of age using the senior fitness test and the body mass index

REVIEWS

Gastrointestinal illnesses in endurance sports women: a review

Exertional Rhabdomyolysis







