







## **ORIGINAL ARTICLES**

Energy and nutritional inadequacies in a group of recreational adult Spanish climbers

Presence of women in futsal. A systematic review

Return to sport, integrating the process from conventional rehabilitation to sports readaptation: narrative review

Impact of airflow on body cooling in exercise: an exploratory

Validity of a novel inertial measurement unit to track barbell velocity

Athletic, muscular and hormonal evaluation in CrossFit<sup>a</sup> athletes using the "Elevation Training Mask"

## **REVIEWS**

Effects of strength training on health determinants in men over 65 years: a systematic review

## SPECIAL ARTICLE

Medical protection guide against dopin



